Optima Anni

1975

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Balmoral Hall

RESIDENTIAL AND DAY SCHOOL FOR GIRLS

Nursery School through Grade XII

At Balmoral Hall, our objective is to guide each girl to realize her maximum intellectual, physical, and moral growth through a well supervised and demanding curriculum.

Our guiding principle is balance. This is achieved through high academic standards coupled with a healthy emphasis on physical education and extracurricular activities.

The buildings of Balmoral Hall are ideally located on eight acres of land near the heart of Winnipeg on the banks of the Assiniboine River.

For prospectus and information, contact;

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Headmaster
Balmoral Hall School for Girls
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Optima Anni '75

Volume 25

YEAR BOOK CLUB

Mary Grace Ashdown
Brigette Bereznay
Banu Berker
Anna Cholakis
Kate Everette
Dawn Goodwin
Lori Jacks
Susan James
Heather McIntosh
Shelagh Martin
Heather Provis
Susan Roblin
Katina Ross

Editorial

With the arrival of Mr. Martin R. Kenney, as Headmaster of Balmoral Hall, the school awakened to the dawn of a new era.

Enrollment is increasing and so is the quality of teaching. The future will see the results of the work of many over a long period of time.

The quality of any school is not determined by the texture of its bricks and mortar but rather by the thrust of teaching and being taught. The intimate teaching and fellowship environment at Balmoral Hall provides a unique experience for the attainment of the highest objectives of the educational process.

The Grade Twelve class has now become part of the Alumnae group of the school. As the years go by and we gain in maturity, we will even more appreciate the opportunity given us by being part of the environment of the school.

As Alumnae, we know that the school will always welcome us. More particularly however, as Alumnae we must recognize our responsibility to give the school full support. In doing this, future generations can have the enriching experience afforded all of us.

The Optima Anni will provide a source book of memories through the years to come. A school yearbook is a most important publication, which like good wine, becomes more treasured with the passage of time. The whole school should participate fully in the production. Unfortunately this has not been the case with the present edition.

A warm and special thanks goes to Mrs. Kenney, whose guidance and advise has made this yearbook possible. I would also like to thank Mrs. Buck, who has put a great deal of work into this edition of Optima Anni.

On behalf of the Grade Twelve we record our Goodbye, but not our Farewell.

Shelagh Martin

Calendar

SEPTEMBER
- 5 Autumn Term Opening
- 13 Grade 10 Bake Sale
- 24 Grades 5 & 6 to Lower Fort Garry
- 25 Mufti Day

OCTOBER
- 8 Grade 8 to Planetarium
- 22 Grades 1, 2 & 3 to Dalnavert
- 29 Parent/Teacher Day, Jr. and Sr.
- 31 Hallowe'en Parties in Jr. School

NOVEMBER
- 1 Grades 4, 5 & 6 to Winnipeg Symphony
- 19 Mother's Auxiliary Fall Meeting
- 20 Pep Rally for whole School at 3 pm.

DECEMBER
- 1 Open House at School from 12 to 5 pm.
- 4 S.A.C.U. Tests for Grade 12
- 12 Grades 1 & 2 to Museum of Man and Nature
  Christmas Holidays Begin

JANUARY
- 8 Winter Term Begins
- 24 Ski Day

FEBRUARY
- 7 Grades 10, 11 & 12 to Festival of Man and Nature
- 14 Mufti Day
- 20 Sr. School Parent / Teacher Interviews

MARCH
- 10 Grade 4 to Museum of Man and Nature
- 17 Irish Stew served to Grades 5 & 6
  Easter Holiday Begins

APRIL
- Spring Term Opening
- 16 Grade 4 to Planetarium
- 18 Hot Dog Day
- 30 Grade 4 to see Prince Charles at Government House

MAY
- 1 May Day - Luncheon for Fathers
  Tea for Mothers
- 2 Mother's Auxiliary Presents "Maytime with Mart Kenney
- 15 Grade 5 to Dairy Farm
- 29 Sr. School Begins Final Exams

JUNE
- 5 END of Final Exams
- 7 Graduation Dinner and Dance
- 9 Rehearsal at Westminister Church
- 10 Awards Day
  Alumnae Tea for graduates
- 11 Closing Exercises and Garden Party

Board of Governors

CHAIRMAN OF THE BOARD

W. W. Buchanan

GOVERNORS:

Mr. N. J. Alexander
Mrs. J. H. Ashdown
Mrs. P. L. Ashdown
Mr. W. W. Buchanan
Mr. C. Cholakis
Mr. John G. Greene
Mr. A. S. Leach
Mr. J. Blair MacAulay
Mr. John D. McDiarmid
Mr. J. Hugh McDonald
Dr. D. C. McInnes
Mr. R. Murray
Mr. Gordon Pollock
Miss K. Richardson
Mrs. C. S. Riley
Mr. J. M. Ross
Mr. George H. Sellers
Mr. W. A. Speers
Mrs. M. Wallace

HONORARY LIFE GOVERNOR

Mrs. W. H. Collum

Headmaster's Report

TO OUR GRADUATES

In years to come, you will remember your Graduation as a time of mixed feelings; happiness and anticipation together with sadness and perhaps anxiety. This is of course perfectly normal, and indeed throughout your lives you will experience similar mixed emotions when you are faced with a major change.

It is of course a bit sad and discomforting to leave familiar faces and surroundings behind; this is understandable. But at the same time, how exhilerating it is to contemplate the future! New friends, new places, new challenges in work or study await you.

Allow me to leave you with one final request. Regardless of your chosen pursuits in future, DO CONTINUE to question, discuss, read and in essence LEARN. (I am not referring necessarily to post-secondary formal courses.) Remember that education is an ongoing process. A truly curious and questioning person never stops growing intellectually. You will be a happier, healthier, more confident and far more interesting person if you continue to supply your mind with "food for thought".

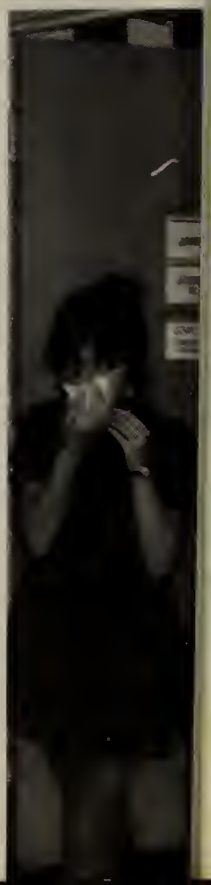
R. Martin Kenney
Headmaster

THE BALMORAL HALL STAFF
1974-1975

Mr. R.M. Kenney	B.A. (Hons.), B.Ed., M.Ed.; Ont. Teach. Cert. (Second Sch.)	Headmaster Senior School History
Mrs. Enid Alcock	Permanent 1st Class Teaching Certificate	Math - Grade 9, 101, 201
Miss Margaret Boyd	B.A., Cert. Ed., U. of Man.	Grade 2
Mrs. Roslyn Buck	Bachelor of Arts, E. Sc., Macquarie University, Sydney, Australia; Teacher Training, Macquarie U.	Remedial Teacher, Jr. School
Mrs. Barbara A. Cantlie	B.A., University of Manitoba; Cert. Education	English - Grades 8 - 12
Miss Sheila Crowley	B.Ed. (Hons); Cert. Education; University of Warwick, England	History - Grades 7 - 10, 12, Language Arts - Grade 7
Mrs. Teresa Friesen	B.A., B.Ed., University of Manitoba	Geography - Grades 7 - 12, Literature - Grade 8
Mrs. Janice Harper	B.P.E.; Cert. Education University of Manitoba	Physical Education - Grades 1 - 12
Mrs. Ruth Henry	Permanent First Class Teaching Certificate	Grade 3
Mrs. Barbara Honey	A.R.C.T.; Manitoba Registered Music Teacher	Pianoforte, Registrar
Mrs. Laura M. Horychuk	B. Fine Arts (Hons.), University of Manitoba	Art - Grades 2 - 9
Mr. James D. Jacobson	B.A., University of Manitoba	French - Grades 7 - 12
Mrs. Mary Klymkiw	B.A., University of Manitoba	Grade 5 and 6 - Math Gr. 5 Science, Social Studies
Mrs. Elizabeth Law	Library Technician (pending), Red River Comm. College	Librarian
Mrs. Donna Moenig	B.Sc., B.Ed., University of Manitoba	Science - Grades 7 - 10, Biology - Grade 12
Mrs. Wendy Nesbitt	B.A., A.M.M. (vocal); Cert. Education; University of Manitoba	Music - Grades 1 - 12
Mrs. Susanne Palmer	B.A. (Hons.); Cert. Education; University of Manitoba	Grade 4
Mrs. Mary Pluhar	Diplomas: French and German Grammar and Literature; University of Prague	Junior School French
Mrs. Dorothy Rankin	B.A., University of Saskatchewan	Asst. to the Head-master
Mrs. Elaine Ricketts	R.N., Diploma - Teaching and Supervision; B. Nursing Education; University of Manitoba	Guidance - Grades 7 - 12
Mrs. Adriana Sabbadini	Dottore in Math and Physics, University of Pavia (Italy) Cert. Education; Univ. of Man.	Math - Grades 8; 100, 301, Physics - Grades 11 and 12
Miss Valerie Smith	Assoc. Ed., Univ. of Manitoba	Grade 1
Mrs. Susan Sures	B.Sc., Cert. Education. B.Ed., University of Manitoba	Chemistry - Grades 11, 12 Math - Grades 7, 9, 11, 12
Mrs. Joyce Taylor	Diploma, Nursery School Education	Kindergarten and Nursery
Miss Alison M. Wiens	B.A.; Teaching Certificate	Grade 6

*Mrs. Rankin left Balmoral Hall in April. She has made many contributions to the school, and we wish her the best of luck in the future.

It's a Question of



.....People

Junior School Staff

BACK ROW: Mrs. Pluhar, Miss Wiens, Mrs. Palmer, Mrs. Klymkiw
FRONT ROW: Miss Smith, Mrs. Taylor, Miss Boyd, Mrs. Henry.

Senior School Staff

BACK ROW: Mrs. Harper, Mrs. Cantlie, Mr. Jacobson, Mrs. Alcock, Mrs. Law.
FRONT ROW: Mrs. Sures, Mrs. Moenig, Miss Crowley, Mrs. Sabbadini, Mrs. Friesen.
ABSENT: Mrs. Ricketts, Mrs. Horychuck.

Brigitte Bereznay
Head Girl

Elizabeth Connellan
School Captain

Head Girl Report

1974-75 has been an extremely prosperous and successful year for Balmoral Hall.

Achievements this year have been numerous in all aspects of the school.

The newly installed gym floor and new equipment helped to create a terrific "sports" atmosphere.

We had many an exciting event which we will never forget. "A cop's Anthem", the memorable "Christmas Carol" service, the countless "Mufty Days", "The Hot Dog Day" - which I'm sure many of the Junior School Girls and their Mothers will never forget, the "Grade 10 Dance", "May Day", which proved to be very fattening for some girls (namely myself). Next, the annual "Maytime with Mart Kenney". The music was delightful, I only wish that I knew how to dance properly to it. Field Day proved to be an exciting eventful (back aching) day, for some girls it was a lazy "sun-tanning contest" day. Finally, the unforgettable Graduation Dinner and Dance. We really appreciate all the work that the Grade 11's put into it. The decorating was beautifully done and the whole evening went by very quickly. Lastly, but not least, the Closing Exercises.

Balmoral Hall is growing in every best way possible. Along with an excellently qualified staff, Balmoral Hall will continue to thrive and flourish as one of the best independent private girls schools in the country.

I have enjoyed the position of "Head Girl" and I hope that my successor will have as much respect for the position as I have had.

Love and Success to All

Brigitte Bereznay

Executive Council

Head Girl.....Brigitte Bereznay
School Captain.....Elizabeth Connellan
Sports Captain.....Edith McPhedran
President, Yearbook Editor.....Shelagh Martin
Ballater House Head.....Heather McIntosh
Braemar House Head.....Elizabeth Buchanan
Craig Gowan House Head.....Jane Dennis
Glen Gairn House Head.....Joy Tennant

BACK ROW: Elizabeth Connellan, Brigitte Bereznay, Edith McPhedran.
FRONT ROW: Heather McIntosh, Jane Dennis, Shelagh Martin, Elizabeth Buchanan, Joy Tennant.

Graduates and Senior School

Brigitte Bereznay '69–'75

Brigitte arrived at Balmoral Hall as a residence student in 1969. She has gone from a "chubby brat" to a warm hearted Head Girl. She has taken the role of B.H. representative on the Eaton's Teen Council. Throughout the year we found Brigitte over dosing on spice tea. She is always willing to offer her assistance to anyone who asks

Next year Brigitte will be attending University of Manitoba. We wish her a world of happiness and prosperity.

Elizabeth Connellan '73–'75

As Head of Residence and School Captain, this girl from Utopia had a very busy year.

Liz had a great gift of being able to smooth troubled water when contraversies arose.

She has been a friend to all and always showed that she cared about people.

These admirable characteristics will be helpful to her along whatever road she chooses in life.

Barbara Jacks '69–'75

Barb has been a rowdy part of B.H. for six years. No one could ever say that Barb did not have spirit, no matter what the case may be.

Barb has a hobby of jogging up north to Dauphin to seek out a rare species, called a GOMER. Her position as Sports Captain from 1973/1974 came in handy for this task.

We all wish Barb the best of luck in her future years.

Shelagh Martin '73–'75

Shelagh arrived in full bloom in the fall of 1973. She soon overcame her meekness and turned into a true B. H. 'er. We could always depend on her help for History and beauty counselling. Shelagh earned the honour of being a prefect because of her enthusiastic ability of working on the yearbook, and being President of the Grade 12 class.

Next year Shelagh is planning to attend the University of Winnipeg.

We all wish her the best of luck.

Heather McIntosh '73–'75

Heather came to B. H. in the fall of 1973 from Daniel Mac. Our Head of Ballater was always trying to convert highland dancing into the latest dance steps.

If you ever want to know the latest gossip Heather is the one to look for.

Heather was always there to lend a hand to a fellow student, she will be greatly missed by all of Balmoral Hall.

Next year Heather will be at the University of Winnipeg.

Loreena McKennitt '74–'75

Loreena came to B. H this fall from Morden, and became an important addition to Residence.

Loreena has many outstanding characteristics. She has excelled in sports, as well as contributed some of her fantastic musical ability to the entertainment of the school.

Everyone looked forward to Prayers on Fridays, when Loreena would perform for us.

Her future will include studying at the School of Fine Arts in Banff. where she intends to develop her outstanding musical and dramatic talents.

Edith McPhedran '73–'75

Edith came sprinting into Balmoral Hall in the fall of 1973. Shortly after Christmas Edith was elected House Head of Craig Gowan. In every P.T. class she was seen in a different pair of track shoes, that were two sizes too big. Edith has the enthusiastic ability of speech that could never be overcome. She was elected Sports Captain for 74-75 and has worn out everyone's track shoes.

Next year Edie plans to roam the hills of Scotland.

Caroline Pickup '74–'75

Caroline came in the middle of the fall from Swan River, and entered Residence.

In spite of her late arrival, in the academic field she did very well.

Caroline has a concern for animals, as can be exemplified by the time she was found in the Glass Passage, putting strips of paper on the windows to prevent the birds from flying into them.

Her immediate plans are to work in B.C. but we certainly hope that Manitoba can claim her again.

Lynne Poirier '74–'75

Lynne was a Residential student from Thunder Bay.

One of Lynne's nicest qualities was the spontaneous smile that she wore so much of the time. This remarkable characteristic became contagious for those around her.

Lynne managed to keep smiling in spite of the mammoth phone bills she would receive at the end of each month.

Any conversation with Lynne inevitably contained her favorite phrase "You'se Guys".

Lynne is hoping to enter into Social Work, where we know she will excel.

Suzanne Shephard '71–'75

Suzanne came all the way from Switzerland to complete her secondary schooling in her home town.

Our Head of Braemar from 1973-1974, added to Braemars continued success. Her great imagination helped to create Bernadette Blue, Braemars mascot.

Suzanne is planning to attend Queens University in Ontario.

REMEMBER ?

- Squires
- All the Grade 12 meetings
- the A&W gang
- smoking in the shower room
- plucking eyebrows in the locker room
- Edith and her light lunches
- warming up the car
- Rose and the molecules
- all the free cups of coffee
- our Grad rings
- Shelagh's curly hair
- Heather's love for Chinese food
- Barbs DINK
- Brigette's dietssss
- all the fights
- looking forward to Grad ever since September
- the long walk
- our FANTASTIC Grad gifts from the Grade Elevens
- will B.H. ever forget Barb, Brigette, Edith, Heather, Lynn, Caroline, Loreena, Suzanne, Liz, and Shelagh? We certainly hope you never will!**

A Reception and Dinner Dance Saturday, June 7...

In Honour of the Class of '75

Grade Eleven

BACK ROW: Mr. Jacobson, Margot Bridgett, Lauran Gervais, Shauna Blake.
FRONT ROW: Joy Tennant, Charmian Provis, Heather Elgert, Elizabeth Buchanan, Jane Dennis.

DO YOU REMEMBER?

- the skeeler skates
- Cindy
- food during classes; club bars, love hearts, cookies, sandwiches, B.H. bars,...
- fights in the halls
- Liz and Janes' "breaks"
- Heather picking her eyelashes
- playing skipping with the slinky
- the glass menagerie
- The Brodskys
- Joy, Lauren, Jane and the poisonous fumes
- hassles concerning Grad
- Mr. Jacobson's cannon
- "Mooch"
- Joy's love life
- Lauren's diet (her pants grew on her)
- Q-T of the knees
- raiding the canteen and wiping out in the hall
- Carrie's wacky stickers
- cruise talk from Sept. 1 till June 11
- struggle for a border...
- soupe á l'oignon avec Monsieur Jacobson
- the man on the roof, visitors from the river
- bus trip to Fort Garry
- Charmian (when she was present)
- Liz and Margot's blushing attacks
- Madame Dreg... Delogn... Degnolo... Dereg... remember Madame?
- our gym classes (pant, puff, pant)
- freezing in English, roasting in Chem
- Margot being late 99.99% of the time
- Lauren and Joy's giggle fits
- re-writes in Chemistry
- "fish eyes"
- Joy's dancing lessons
- finding D. F. G's
- shooting up in Mrs. Cantlie's class
- setting the prices for bake sales
- breathing stolen helium in the lab
- Mr. Kenney taking out the garbage
- Carrie's glares
- the "nonexistent grade 11's"

WILL YOU EVER FORGET

Liz
Jane
Carrie
Joy
Lauren
Charmian
Heather
Margot

Grade Ten

BACK ROW: Mrs. B. Cantlie, Donna Fedon, Patti Malone, Rita Sheppard, Sandra Scanes, Jeannette Shephard.
FRONT ROW: Susan Briercliffe, Marion, Peggy, Hickin, Karen Lynn Purves, Colleen Munro, Dallas Barkman, Mary Ellen Zanette.
MISSING: Elizabeth Cherewan, Catherine Martin, Antje Salewski.

REMEMBER:

- behind the scenes of B. H.
- the 3 muskateers
- Daydreamer Dallas
- Antje and her breakfast
- Friday afternoon history classes
- the day Cathy and Sandy perfected their masterpieces
- our crossbreed between a worm, a bird and an ostrich
- Sandy and Cathy's bugles
- "Chicago", "Mood Jga Jga" - would you believe "Musical Odessy"!
- Jeanette and Patti and their "small" lunches
- That's nice, that's cheap and up to the office
- smoking in the bathtub
- "Hawk-a-test" or "Hawk-a-tape"
- Donuts and raisins in English class
- Donna and the gas pedal
- the latest fad of the week - false fingernails
- Colleen's big pool party
- four in the dark
- Cathy's need for a rearview mirror
- the rowdy threesome meet some one rowdier
- Driving with Colleen
- Jeannette's pet octopus
- right, pookins, right!
- circling hickeys
- Thanks B. H. for the wonderful year, we'll never forget - and neither will anyone else!

Grade Nine

BACK ROW: Elizabeth McDonald, Mary Grace Ashdown, Pamela Siren, Donna Rourke.
MIDDLE ROW: Catherine Coughlin, Agnes Borbely, Lisa Evans, Catherine Osler, Lorraine Ashdown, Pamela Mann, Mrs. A.G. Sabbadini.
FIRST ROW: Elizabeth Chapman, Patricia Raidt, Susan McGoey, Kathleen Dyke, Jane Theodore, Barbara Brousseau, Andrea Clarke.
MISSING: Michelle LaFramboise, Christina Swanson.

REMEMBER:

-Ski Day?
-Stealing dainties at May Day
-Pressing burminghams in the Common Room
-Lorraine's briefs
-Tacking down the hall
-Fights
-The war of the oranges
-The week the plague struck
-Harold
-Bobo's dance
-Wakey-wakey Biddy
-Cathie sing
-"Oh no, my alergies'."
-Lisa's short kilt
-The Great pink balloon
-When Mike came to school, 2 days in a row
-The Blue Crayon (B.C. strikes again)
-Jane v.s. Biddy
-Lice
-Literally, literally, literally ...
-Tiger legs
-Fred and George the talking feet
-Tony & Tony, Sam & Ted, Jane & Pam
-The day Bobo got together with the pistels and stamens
-The Red Door knob
-Pink Panther, behind the curtains
-Cracking up behind the candy counter
-Susan's history text books
-"Give her the locker treatment
-Remember the Grade Nines!!

Grade Eight

BACK ROW: Pamela Stevens, Dawn Goodwin, Heather Provis, Katina Ross.
MIDDLE ROW: Marla Hurtig, Sheila Buchanan, Lori Jacks, Banu Berker, Kelly Craig, Mrs. D. Moenig.
FRONT ROW: Kate Everett, Margaret Haworth, Kathryn Dale, Christina Coughlin, Dorothy Law, Anna Cholakis, Victoria Guy.

DO YOU REMEMBER?

... "Duke, Duke, Duke, Duke of Earl?"
... McCreary Chalet, and 16 girls in a room?
... "Le jam, Le peanut-butter, Le jel et Le Marmalade?
... "We go to Pizza Place..."
... Those good old back felts?
... Going to A & W with J. J. ?
... Esau Imedewit?
... Who's the Waffle Whiffer in this weiny woint?
... "Can I have a bite? I'm starved!"
... "We all live in a yellow submarine"
... The falling lockers?
... "Im's cheesed off"
... Telephone calls at 12:30?
... "Air Raid! - Ding! Ding!"
... "On Yearbook page!"
... Secret notes - private?
... Swinging on the gym curtains?
... Climbing the french window?
... "Everyone hates us!"
... 20 laps?
... stealing sugar cubes from the kitchen?
... Ghosts in the graveyard in the dark?
... Turning up the radio for science class?
... Throwing T. P. on the ceiling in the can?
... And will we ever forget...

The Grade eight's and the S. J. R. availables?

Grade Seven

BACK ROW: Jane Elrifi, Megan Glassco, Nicola Murray, Chinelo Mora, Tracy Malone, Wendy Theodore, Janey McLellan, Mrs. T. Friesen.
FRONT ROW: Laura Roberts, Neeru Gupta, Helen Robson, Tracy Maconachie, Elizabeth Robertson, Marilyn Law, Sarah Wallace.

REMEMBER WHEN:

Megan - wasn't laughing
Laura - gargled in math class
Wendy - was on time for french
Tracey Maconachie - disliked cats
Nicola - wasn't wiggling
Tracey Malone - wasn't fooling around
Elizabeth - didn't bring a 4 course meal
Marilyn - wore her fishing hat
Jane - wore a pink bra to school and wouldn't take off her sweater
Chinelo - wasn't cracking a sick joke

ART
AND
LITERATURE

A FRIENDSHIP

Yesterday a friend from my hometown, Swan River, came to Winnipeg to see me. We were both overcome with emotion and we sat down and cried. We talked about the events of the past and it has inspired me to briefly relate our friendship.

The first time that I saw Donna, she was pushing her baby brother through the park in a baby carriage. We both nodded dubiously at each other and went our own ways. I wondered what she was like - she was very skinny with sunbleached hair. We were in school together and we exchanged visits to each other's houses to do homework.

Donna and I became "best friends". The friendship grew easily because our outlooks on everything were so similar. Often, it was uncanny. Neither of us had influenced each other up to this point, but the opinions and morals we had formed individually were strongly united.

About a year after the first meeting, we had a huge fight. I had an acute inferiority complex at the time, and Donna couldn't stand the responsibility of boosting my morale any longer. We swore at each other and I threw my tuna sandwich in her face.

Last summer, we began talking to each other again. We had lots of exciting and depressing times. We both love to learn and we did lots of things to expand our minds like getting ourselves books to read. We were both halfway through the "Communist Manifesto" when I made the decision of coming to Balmoral Hall.

We really miss each other. I often recall what I said to her three years ago, "From now on, something tells me we will be great friends for a long time - maybe for the rest of our lives."

A Grade 12 Student

WAITING FOR YESTERDAY

Lying here alone, my heart reaches
out to the spacious world.
But like a message unheeded,
I was rejected; and he is gone.
My passive being is filled with
anxiety and contemplation.
Individuals walking in a daydream
waiting for a response, an unveiling,
But like myself are rejected, and once
again, he is gone.
Time elapses, and still the lonely
expectation of someone to share my
solitude and confusion with hurls on,
because he is gone.
I will restrain and wait for yesterday,
because tomorrow never comes -
and he is gone.

Lynn Poirier
Grade 12

Susan Roblin
Grade 8

A TRIP TO THE PLANETARIUM

On February 20th, Grades Five and Six of Balmoral Hall went to the Planetarium. The Planetarium was presenting, "A Star Called Sun".

They told us about the sun and its sun spots. They also pointed out the different stars.

One interesting thing they told us is what happens when two protons go together. The answer to this is one of the protons turns negative, joins with other protons to form helium. This results in a great discharge of energy from the sun.

We learned some interesting facts about the sky and the stars which belong in the sky.

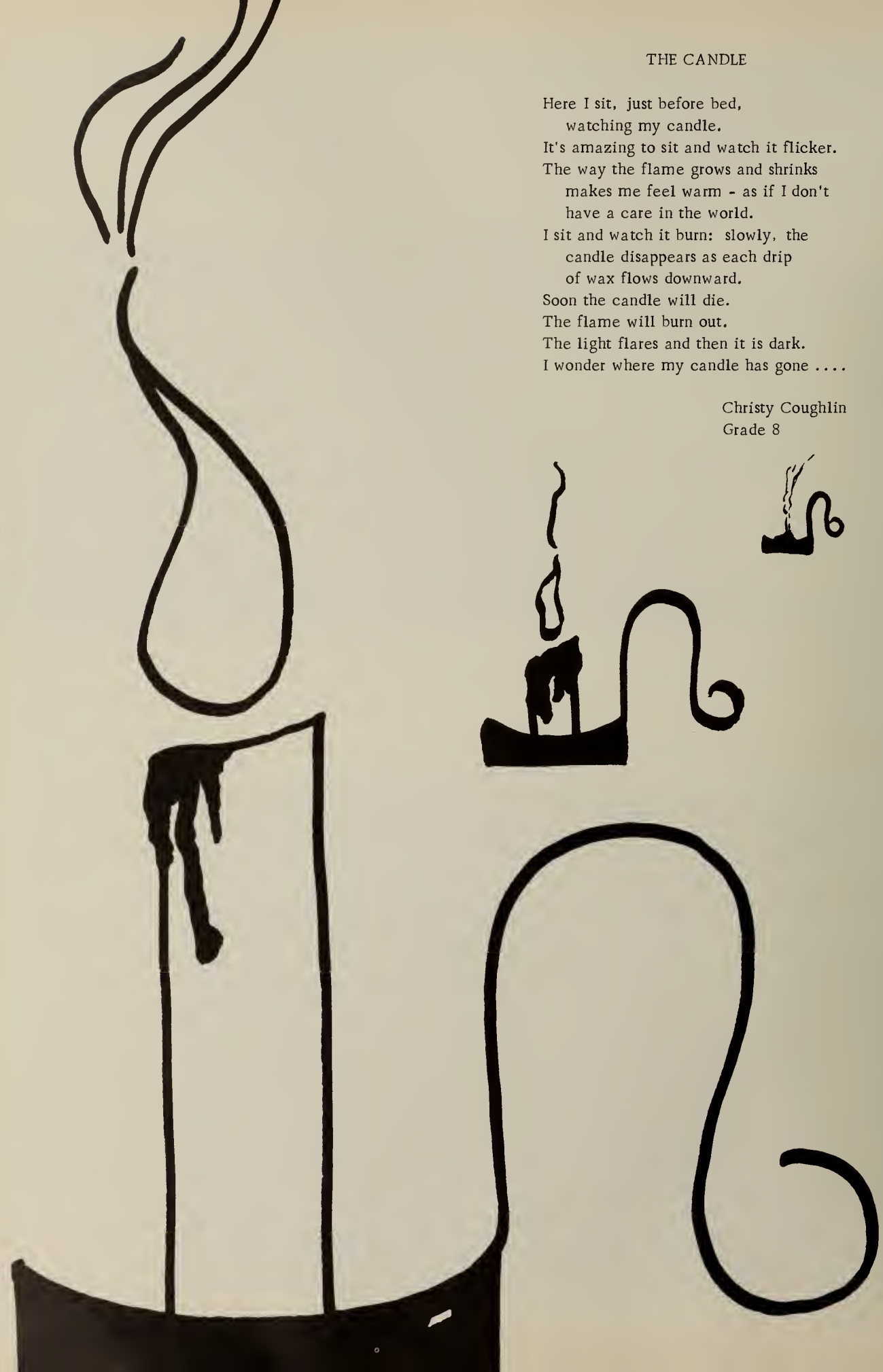
I enjoyed this field trip very much and I am sure all the other kids in Grades Five and Six enjoyed this presentation also.

Margaret Edwards
Grade 6

THE CANDLE

Here I sit, just before bed,
watching my candle.
It's amazing to sit and watch it flicker.
The way the flame grows and shrinks
makes me feel warm - as if I don't
have a care in the world.
I sit and watch it burn: slowly, the
candle disappears as each drip
of wax flows downward.
Soon the candle will die.
The flame will burn out.
The light flares and then it is dark.
I wonder where my candle has gone ....

Christy Coughlin
Grade 8



I SHOULD HAVE FOUND TIME

I should have found time
to be kind to you.

I should have found time
to care about you.

I should have found the time
to do many things.

But I did not and you are gone.

I should have found the time,
but now it's too late.

Kate Everett
Grade 8

I COULD HAVE SAID

I could have said I was sorry,
I could have said I was mad,
I could have said anything,
but that would not have changed your mind.

Mary Grace Ashdown
Grade 9

MY DOG

His nose is short and scrubby,
His ears hang rather long,
And he always brings the stick back,
No matter how far you throw.

He gets spanked rather often,
For things he shouldn't do,
Like lying on beds, and barking,
and chewing on my shoes.

He always wants to go,
Where he's not supposed to go,
But that wonderful little dog of mine
is getting loved so.

Sarah Wallace
Grade 7

DEAR LUNCH STEALER.....

You enjoyed our lunches everyday,
Our cookies and candies without dismay,
We'd put together fantastic lunches,
Just to find out that they're your brunches!
So, Dear Lunch Stealer, there's no question,
That we hope you get indigestion.

Banu Berker
Grade 8

LONELY PEOPLE

Sitting there alone,
I think of all the lonely people.
The people who don't have anyone to love.
The people who don't have anyone there
when they are needed.

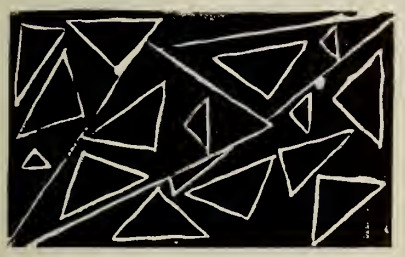
These people are lonely people.
Why?
Why are they lonely?
Because . . . no one seems to care.

Sheila Buchanan
Grade 8

THE RACE

The starter makes sure the timer is ready.
I get into the ready position.
"READY... SET....GO!"
I leap up and run at a good pace, but
it is hard to keep the pace steady.
Three laps left, I'm going far too slow.
I don't think I can win this race.
I hum to myself a very short melody.
One lap left. I'm still going too slow.
I plunge into a sprint as the timer yells out,
"THE WINNER"!

Margaret Haworth
Grade 8



BLUE JEANS!

Softly, softly,
Don't make a sound!
Tiptoe, tiptoe,
Please look around.

Careful, careful
Or the Prefects will see
That you broke the law,
And you're wearing LEES!

Banu Berker
Grade 8

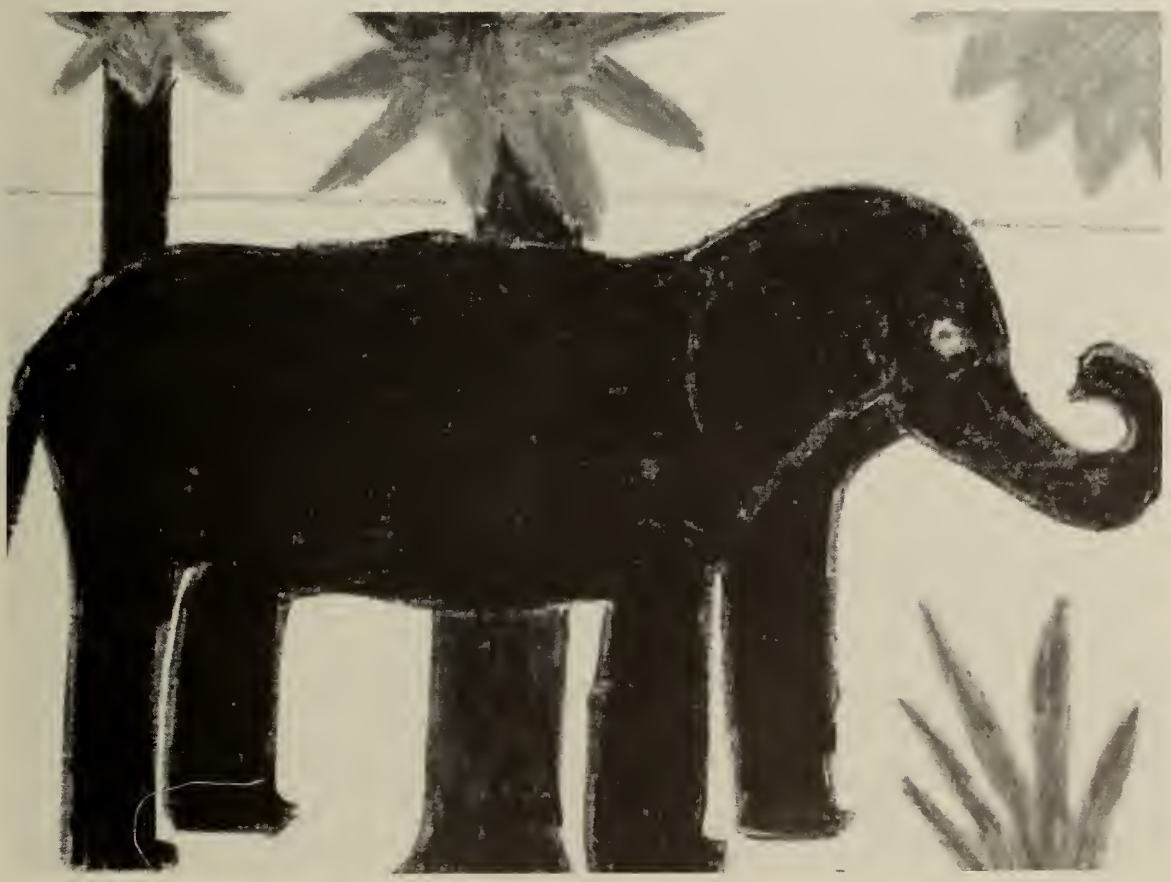
A THOUGHT

So here I sit;
Looking, pondering.
I wonder if I should start working now,
Or maybe I'll put down my pen
and let any and every thought run
through my head.
No, that might be dangerous.
I could get some crazy idea,
Like trying to be myself.
How foolish. What would people think?

Hey! I just got a crazy idea.
Who cares?
Does it really matter what people think?
Let's be ourselves.
Let's pull off our rubber masks that mold
to the necessary situations.
Let's react as we would,
Not as someone else, but as ourselves.
If we are ourselves, who can hurt us?

I warned you. I said it could have been
dangerous.
Now my head is spinning with ideas.
Ideas that rely on my being an individual.
That's the word...
Individual.
You and I are individuals.
Let's try to keep it that way.
We can't lose.

Lorraine Ashdown
Grade 9



Vicky Guy
Grade 8

THE HORSES ARE FREE

The horses are free,
they roam wild.
The wind blows through their manes
cooling them, as they dash about.
The horses are free.

And yet here I sit in this dingy cell -
day in, day out, time never ending.
I don't even know why I am here.
I wish I was free like the horses
instead of being caught in this dingy cell.
I wish I was free like the horses.

Kate Everitt
Grade 8

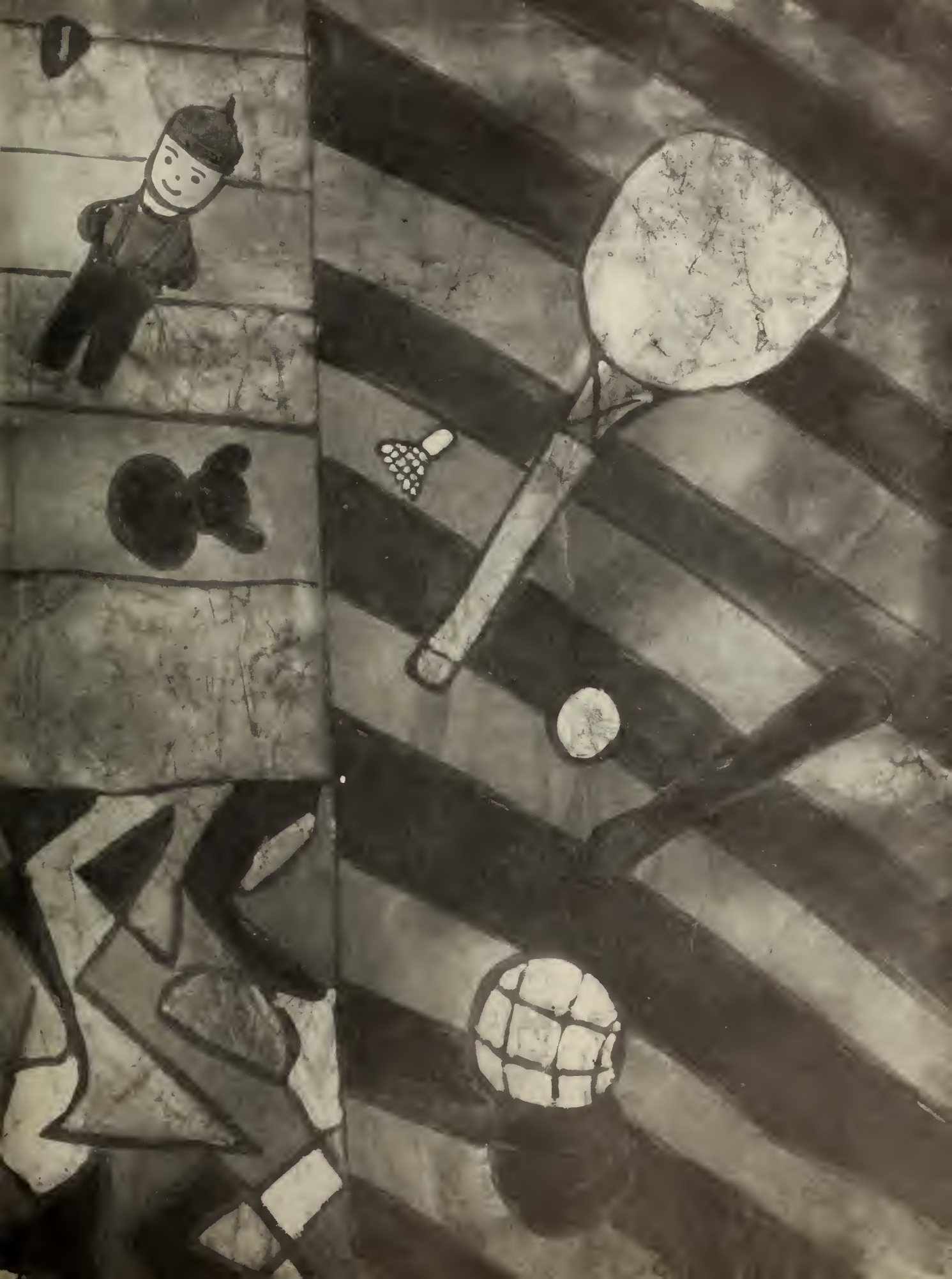
THE FIRST LIGHT

It was a warm summer night,
the water was calm, the air was clean.
No pollution - just clean, fresh air.
As I looked into the water, I saw a reflection
by the light of the midnight moon.
The reflection had a kind heart it was a boy.
He knelt down, and whispered in my ear.
His words were soft and sweet.
His hands were of masculine makings.
I rose, turned, and fell into the arms of my love.
The moon shone bright as we stood there
embraced in the light of its beams.
We were in love.
If the world was to fall, it could - we wouldn't care,
both of us were there. It was perfect.

Donna Bourke
Grade 9

They say the world is round,
but to me it seems square.
In living you die.
With nothing in between
except a child
that you bring up
to carry on,
to do like you did,
and so on,
and so on.

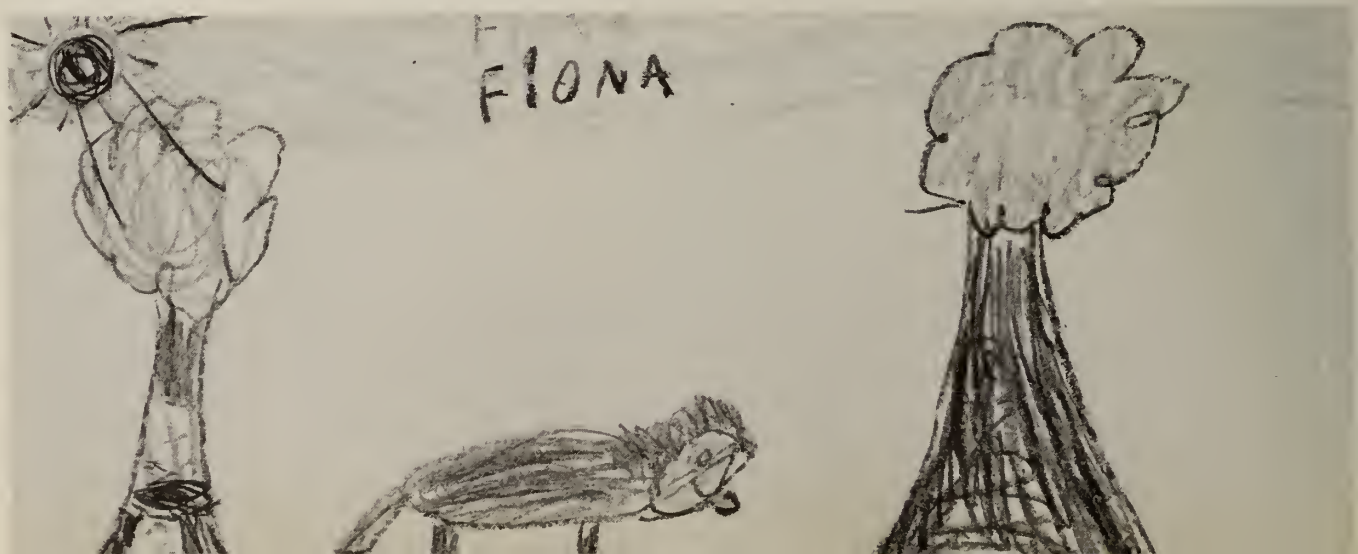
Grade 9



Kindergarten
David

Kindergarten

Kindergarten


FIONA

THE SKATING RINK

It was a bumpy rink as I bounced over it with my skates.

It had a beautiful setting with a few trees in the middle, and crunchy snow on it. By the skating rink, on the east, were the toboggans sliding down the crunchy snow. Oh, how it crackled! All the girls and boys were screaming for joy, so that you could not hear the music playing for the skaters.

The ice was cold and tingly as you fell on it.

There was snow on the ice and just a few skating marks. It looked like a lonesome skating rink but really it was a magic carpet with diamonds laying on it, reflecting the yellow rays of the sun.

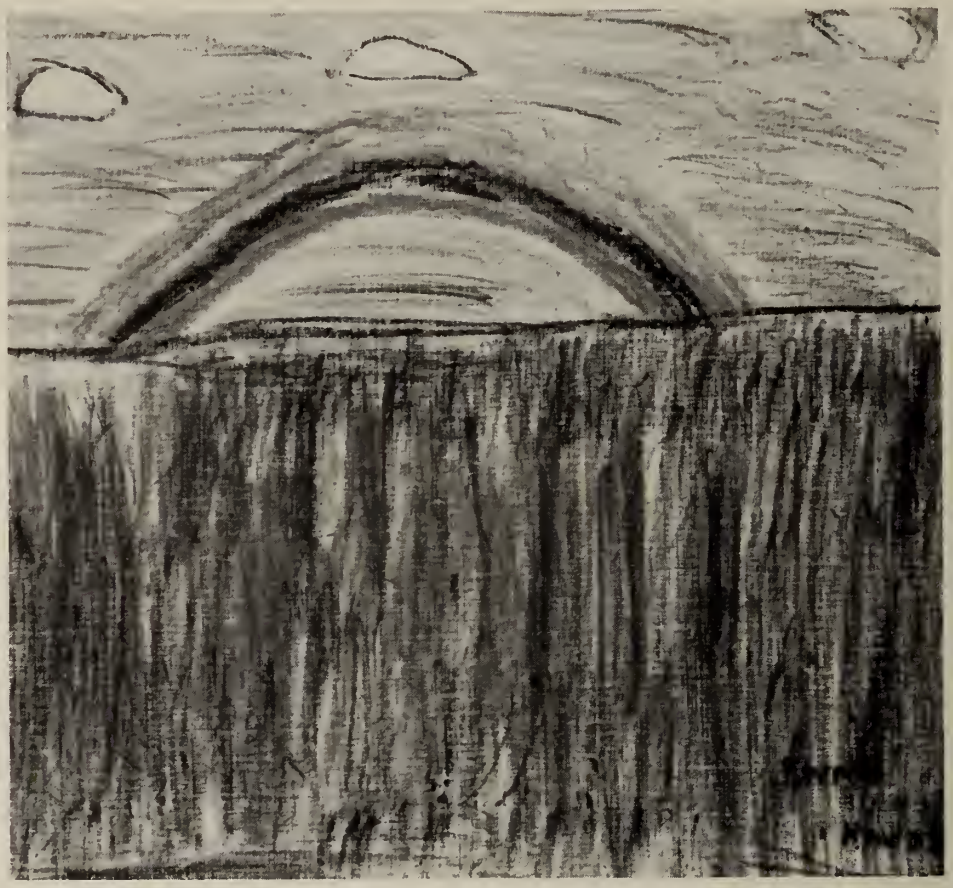
That's how beautiful it was to be on that skating rink.

Andrea Reyes
Grade 5

TOBOGGANING

On the toboggan slide, the snow was soft and crackling when the sled or toboggan slid over it going faster and faster. You're pulling your sled up the hill when you start tumbling down, down, until you reach the bottom. Open your eyes and you find yourself lying in a bunch of glistening, soft snow. You're wet and tired, still out of breath, then pick up your toboggan and make another try.

Sarah Murphy
Grade 5



NANCY
M

Junior School

Grade Six

BACK ROW: Miss Wiens, Margaret Edwards, Darlene Corrigal, Shelley Anne Muir, Suzanne Cordner, Carolyn Coughlin.
MIDDLE ROW: Carolyn Stanley, Pamela Brown, Lois Krahn, Teresa English, Barbara Leach, Juliet St. John.
FRONT ROW: Urte Reyes, Alexandra Banfield, Catherine Lutes, Victoria Janzen, Sara Brown, Annarosa Sabbadini, Indira Guha, Barbara Rivalin, Maline Brodsky.
ABSENT: Nicola James, Joehanna Konnelly.

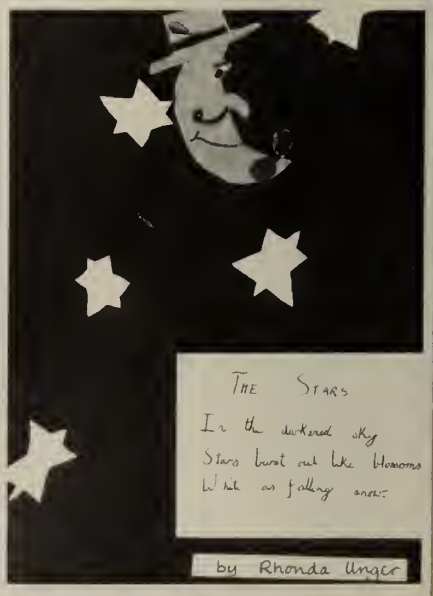
March has,
Unstable weather,
Changing from snow
to slush,
From breezes to
high, howling winds
Humbug!

Grade Five

BACK ROW: Pamela Grey, Catherine Murray, Anne Haworth, Helen Purves, Alix MacAulay, Sarah Murphy.
MIDDLE ROW: Wendy Buchanan, Lisa Wasson, Barbara-Lynn English, Nancy Macdonald, Lynn Wasson, Andrea Rivalin, Joni Pollock, Mrs. Klymkiw.
FRONT ROW: Joanna Cotton, Angela Jahnke, Jane Stewart, Jane Greene, Gillian McDonald, Alyson Corner, Nancy Gordon.

Grade Four

BACK ROW: Mrs. Palmer, Nicola St. John, Megan Jessiman, Gillian Frost, Louise Osborn, Robin MacAulay.
MIDDLE ROW: Carla Wall, Heather MacGregor, Lisa de Jardin, Leona Krahn, Cathy Weare.
FRONT ROW: Donelda McInnes, Tannis Leach, Kari Munk, Naomi Johnson, Millicent Derksen, Rhonda Unger, Kristin King.



Grade Three

BACK ROW: Sarah Kay, Kimberly Burron, Jennifer Griffith, Alexandra Regier, Jacqueline Ross, Kimberly Merkley, Andrea Osborn, Mrs. Henry.
FRONT ROW: Irene Way, Erin Gruber, Jennifer Rattray, Heidi McDonald, Bernadette Hoffman, Mary-Lea Horbay, Elizabeth Coughlin, Michele Provis.

Grade Two

BACK ROW: Jill Evison, Leana Wall, Kerstin Licht, Laura Lee Beckert, Marie Bjorklund, Miss M. Boyd.
FRONT ROW: Diana Puttee, Cathy Jacobson, Kelli Anne Hicks, Susan Dale, Adrienne Purves, Annette Bjorklund, Kimberly Smith.

Grade One

BACK ROW: Miss Smith, Nadia Moharib, Michelle Andriessen, Patti Folka.
MIDDLE ROW: Stacey Jessiman, Silvia Jahnke, Justin Ayotte, Jason Kenney, Sonya Gupta.
FRONT ROW: Roberta Janzen, Carla Albi, Louisa Skelton, Astrid Lichti, Nancy Cipryk, Rachel Coen.
ABSENT: Karen Kaminsky, Sacha Moody.

Kindergarten

BACK ROW: David Coen, Grey Guindon, Jasmine Chatelain, Jonathon Bays, Mrs. Taylor.
MIDDLE ROW: Andy Duke, Merrilee Holmstrom, Fiona Dean, Kelly Collett, Stephen Matthiasson.
FRONT ROW: Tahra Khan, Amy Coughlin, Victoria Palmer, John MacAulay, Andrea Unger, Isobel Ronald, Carolyn Goodwin.

Nursery School

BACK ROW: Mrs. J. Taylor, Christopher Moody, Lisa Gurevich.
FRONT ROW: Wendy Kasprick, Jane Ellis, Heather McDonald, Kerith Wersh.

LISA

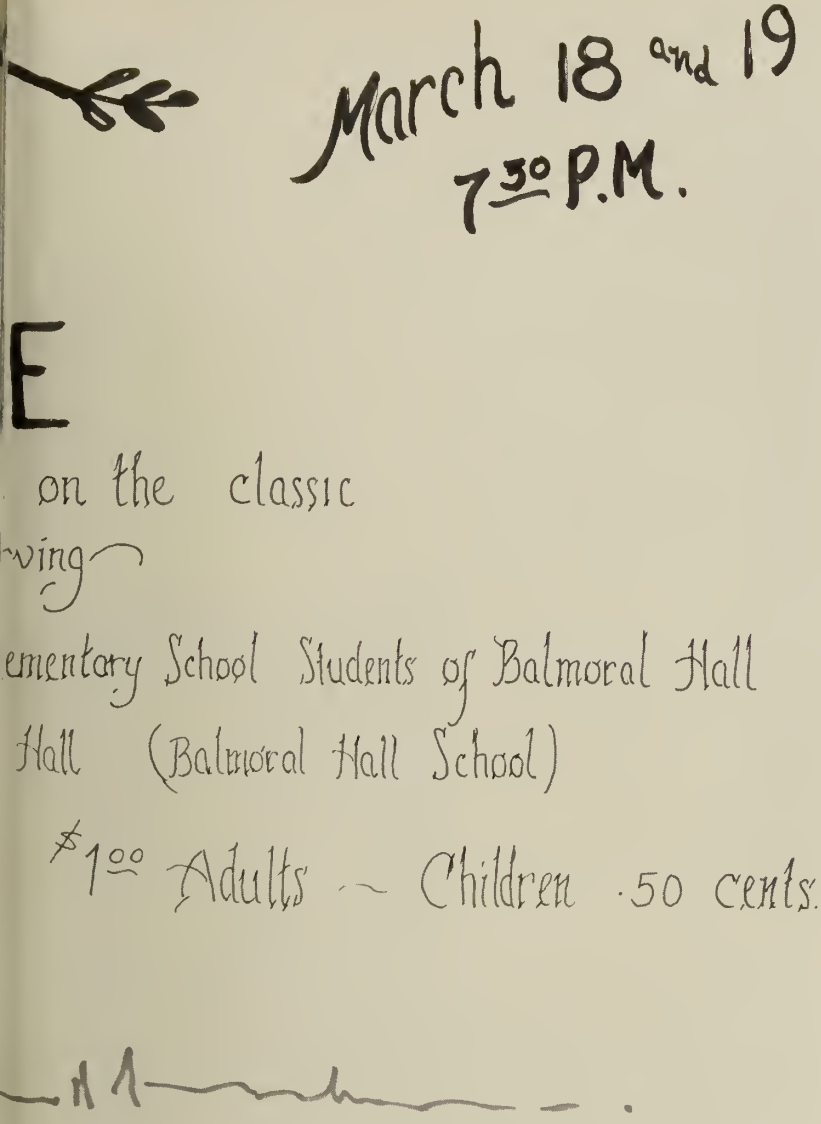
It is Recess Time

Junior School Girls at Play

Junior School Girls at Work

Clubs and Activities

RIP VAN WINK
A two Act Operetta b
by washington
Performed by th
at Richar
Admis



CHARACTERS

Nicholas Vedder	Maline Brodsky
Derrick Van Bummel	Catherine Murray
Brom Dutcher	Barbara English
Rip Van Winkle	Alex Banfield
	Cory Coughlin
Wolf (Rip's Dog)	Donnie McInnes
	Darlene Corrigal
Dame Van Winkle	Barbara Leach
	Caroline Stanley
Katrina Van Tassel	Marnie Edwards
	Joanna Cotton
Bertha	Gillian Frost
Hilda	Anne Haworth
Greta	Lynn Wasson
Freda	Vicki Janzen
Peter Crane	Barbara Rivalin
	Andrea Rivalin
Mynheer Crane	Nancy Gordon
Dame Crane	Robin MacAulay
Mynheer Van Tassel	Angela Jahnke
Dame Van Tassel	Megan Jessiman
First Mate	Jane Greene
Second Mate	Alix MacAulay
Third Mate	Lisa de Jardin
Hendrick Hudson	Lois Krahn
	Sarah Murphy
Vandermeer	Nicola St. John
First Farmer	Tannis Leach
Second Farmer	Naomi Johnson
Judith Gardner	Jenna Rattray
Jon Gardner	Heidi McDonald

RIP VAN WINKLE

This spring, Junior School undertook the production of the operetta Rip Van Winkle". This was a very involved task, since it included everyone in Grades six to one.

Auditions were held before Christmas, and double casting for the lead roles was done at this time.

Because the operetta was to be staged for two nights, the main leads played their own role one night, and could elect to sing in the chorus the next.

What a time we had! Hectic rehearsals, frantic costume round-ups, and many hours of class time--- these were all a part of our production.

At last the opening night was upon us! Despite last minute jitters, the cast performed beautifully to a very appreciative audience. Broadway here we come!

All the Junior School teachers were more than helpful, and a special thank- you to Loreena McKennitt, our charming accompanist.

HIGHLAND DANCING

The Highland Dancing Club has been a great success this year. The girls were enthusiastic and co-operative. They learnt such dances as the Highland Fling and the Sword Dance. I feel that we have many promising dancers in this club.

Heather McIntosh

SENIOR DRAMA CLUB

It was a great night Thursday, January 30th, when the drama club presented "The Cop and The Anthem" by O. Henry. Both cast and production crew co-operated in a moving dramatic experience.

This play was about an old man "Lemmy", who wanted to be arrested because his only home was the park bench. He thought that by being arrested he might have a place to live. All through the play, he tries to get arrested by doing a variety of things, until he notices everyone pitied him instead. Then, he thought that he should start a new life, since winter was coming and it was getting too cold to stay outside.

One day, while just loitering on the sidewalks, he (Lemmy) was finally arrested.

The moral of this story is: "Be careful what you wish for, for it might come true."

CAST:

E. McDONALD	V. Guy
M.G. ASHDOWN	A. Cholakis
C. COUGHLIN	K. Everett
L. ASHDOWN	E. Cherewan
M. BRIDGETT	J. Tennant
J. THEODORE	K. Dyke

PRODUCTION STAFF:

S. McGoey	P. Mann
P. Raidt	M. Laframboise
L. Evans	E. Cherewan
D. Rourke	C. Cantlie
A. Clarke	L. McKennitt
T. Swanson	L. Gervais
A. Borbely	H. Elgert
E. Chapman	K.L. Purves
C.H. Osler	M.G. Ashdown
B. Brousseau	

Director..... B. Cantlie
Ass't Director..... E. Cherewan
Manager..... T. Friesen
Special Ass't..... P. Mann

From the ticket sales, the Drama Club hopes to pay for the parts required for a three channel light dimmer which will enrich our stage lighting equipment. We (the drama club), send "special thanks" to Mrs. H.H. Roeder, for loaning us the stage set.

NEEDLE CRAFTS

The sewing club, which was held throughout the year in the Geography Room, made it possible for many girls to learn different needlecrafts. Some girls chose needlepoint and others sewing their own clothes. The club turned out to be a complete success thanks to Mrs. Friesen and Mrs. Moenig. The club was an enjoyable and relaxing part of the school year.

Cathy Martin

FIBRE ARTS CLUB

As one looks into the Fibre Art room, the outsider sees beautiful collections of weaving, macrame, and creative stitchery. The girls have learned to enjoy their own work. The Fibre Arts Club has definitely given the girls a way in which to express their creativeness.

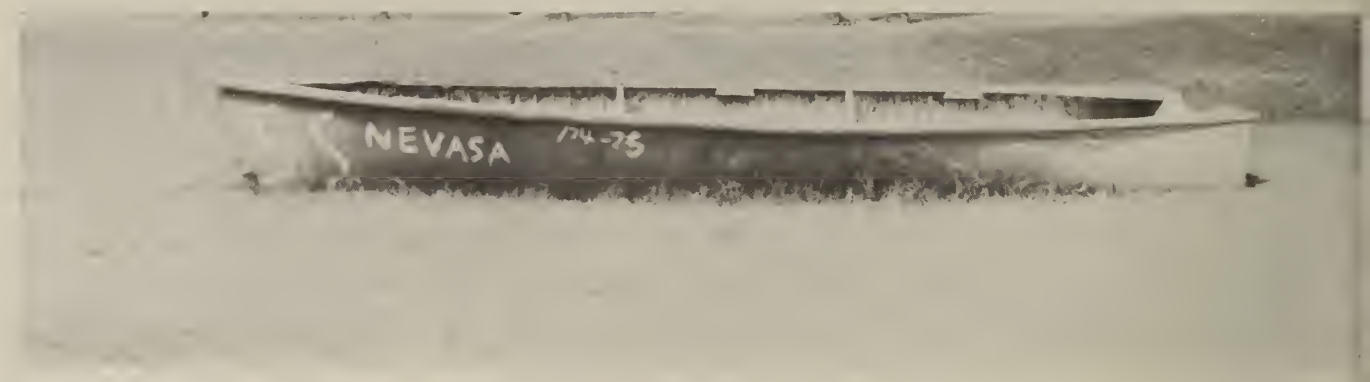
THE CHOIR

The choir got together on Tuesdays and contributed to the Christmas, Mayday, and Graduation programmes. A special thanks should go to Mrs. Nesbitt, who conducted the choir and whose musical talents were greatly appreciated.

Loreena McKennitt

Ski Day

Cruise



BON VOYAGE

September 28th 5:00 p.m. and all systems go, well nearly all, our flight was delayed two hours.

We arrived in rainy London and took off in groups to set the town on fire. The currency was a bit of a problem at first, but nevertheless we worked our way around it, we never bought a thing!

We travelled by coach to Southhampton and there we boarded the S.S. Nevasa. After our lunch of cold pork pie, we explored our new home. There was a games deck, ping-pong room, movie theatre, library and a large comfortable sitting room.

During the first few days of our cruise, some of us experienced our first case of sea-sickness. Thank the Lord for those little blue pills.

A revolution in Lisbon broke out as a result of the take-over in government. This changed our plans and we unexpectedly found ourselves visiting the apes and touring Saint Michael's cave in Gibralter. After everyone was rounded up, we set sail for sunny Spain and arrived in Almeria the next morning.

Everyone from the town was down to greet the ship. Here we toured a beautiful, historical castle, cathedral, and a bull fighting ring. We also had time for shopping and a quick dip in the Mediterranean. That night, after watching the flamingo dancers, some of us decided to go ashore for some ice-cream and pastry.

We then sailed to Palma on the Island of Majorca. In the afternoon you could find all the B.H. girls, drinking the well water which promised marriage.

Next port of call was Ajaccio. We took a breath-taking bus ride up to a small village in the mountains. In the afternoon we visited Napoleon's birth place, shopped, and as we did in every port, ate ice-cream. The highlight of our day was hearing, "I Shot The Sheriff" and a lady imitating a chicken on the radio.

Naples was the place that made everyone's eyes spin. If we weren't avoiding the traffic, it was the dirty old men. While docked in Naples, we were fortunate enough to spend a day in Rome, Pompeii, and on the beautiful isle of Capri.

During one of our off-shore days, a deck hockey tournament took place. B.H. (Nelson Dorm) won over the other twenty-five dorms, and were named the Deck Hockey champs and received individual sports awards.

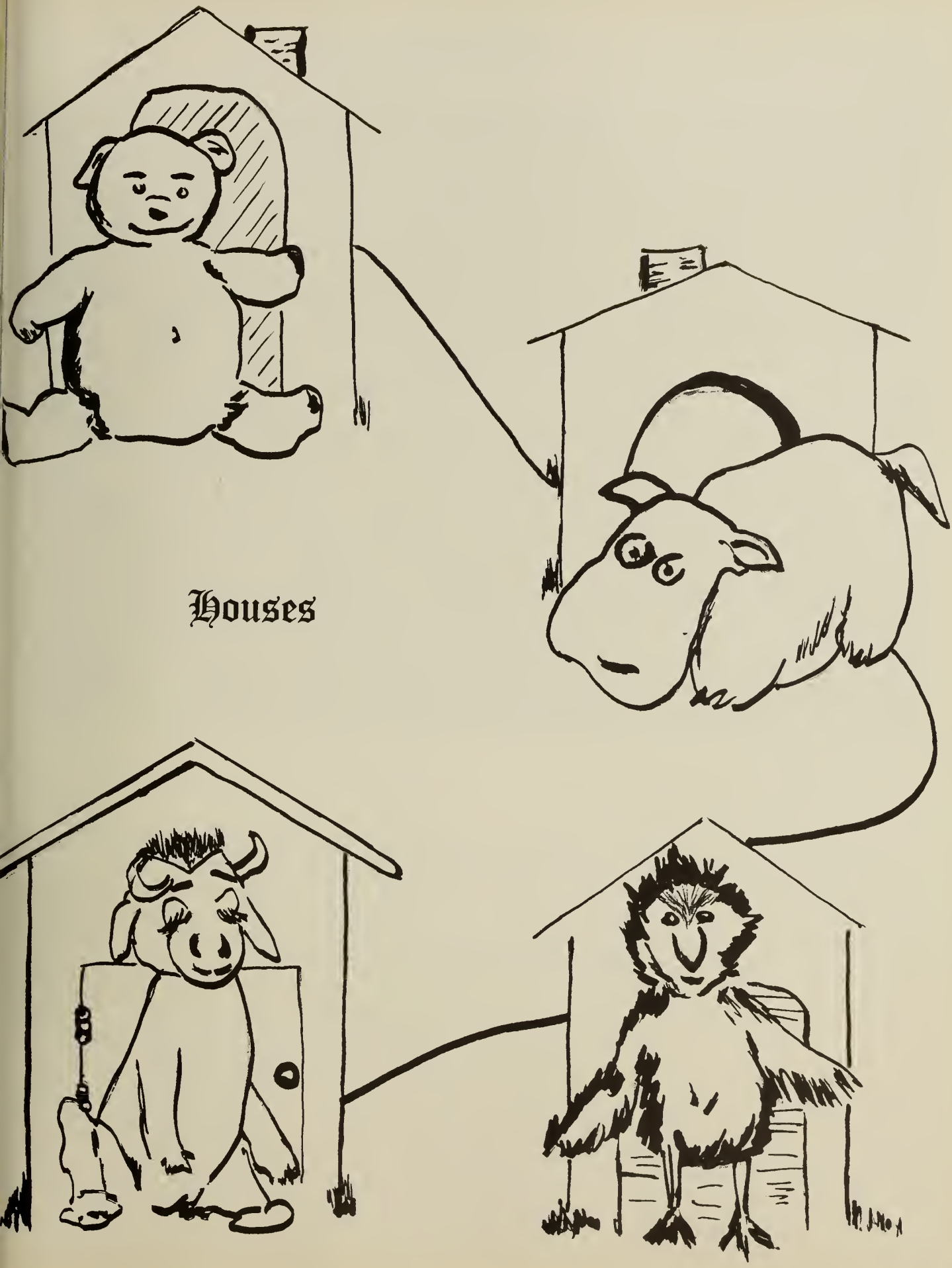
When we arrived back in London, we had a terrific tour of all the historical buildings, which included the Tower of London, Houses of Parliament, The Old Curiosity Shop, Buckingham Palace, and many other fascinating places.

The cruise was a truly educational experience that I'm sure none will ever forget. Many wonderful friends were made, including a few romances. Let us not forget a loving thank-you to our party leader, Mrs. Curtis, who kept our feet dry and lockers full of fruit.

Barb Jacks

REMEMBER:

- cold pork pies
- "Gracies" little dip
- cookies and milk for breakfast
- the first time we saw land
- winning deck hockey
- when Jane was attacked by the Ape
- Disco
- Detective Dennis
- Peggy's and Cathy's ice cream
- the fox-trot
- Carrie's horns
- communicating through the portholes
- bringing out the paper bags when it rained
- Megan's laugh
- fights on the dance floor
- Patti's frequent trips to the hospital
- B. J. 's , P. H. 's and C. M. 's parties on top of the bunks
- the day Joy fell all over Carrie
- the Italian men
- stealing fruit
- will you ever forget the S. S. Nevasa (how can we, with Lauren and Joy around?)



Houses

Ballater

Dear Ballaterians and our Inspiring Cow:

You guys were the greatest and always will be. Let's face it, Ballaterians, we pulled up our socks, worried them, and beat them. This year we won almost everything going: three cheers for Ballater! I must admit you guys helped me immensely and inspired me. Ballater has many promising athletes, and loads of confidence to keep Ballater on top for many years ahead.

I would like to give a special thanks to our House Lieutenant, Margot Bridgett and Nicola Murray who always stepped in and helped me. Next year will be another winning year, so keep your socks up. I'll always be cheering for you with "old cow". I wish you all the best in '75-'76.

Good Luck.

Love,

Heather McIntosh

Braemar

Dear Braemarites:

Well, another successful year has passed. You guys were just fantastic! The spirit in the House was just great.

We had many ups and downs in our winning streak this year, but that's okay because we know we are the best - win or lose. I'm glad to say the Senior Braemarites won the 4X110 relay again. We've won that one for three years straight! Thanks go to Karen, Suzanne, Katie, and Mike.

This year we added something new to our House: Braemar buttons and T-shirts. Everyone seems to like them. I would like to thank Jeanette for designing the picture on the front of both items.

Our Juniors did really well this year. I would like to thank Alix Banfield, our Junior House Lieutenant. You did a great job, Alix.

At this time, I would also like to thank Karen Purves. She helped me along when our House was down and was an excellent Senior House Lieutenant. I'm sure you must all agree. Thanks, Karen.

I enjoyed being House Head this year, and I'll miss you all next year.

Love and kisses,

Liz Buchanan and Bernadette

Craig Gowan

Dear Craig Gowan:

It just seems like yesterday that the first Monday morning meeting was in session. With people coming and going, and me not knowing what I was really supposed to be doing. To put it mildly, this year has been quite an experience for me!

I have to apologize to Junior School for not being able to go to their games. As it worked out, the time schedules just didn't coincide. I'm sorry for missing them. I'd like to thank you all for supporting the House as well as you did.

The Seniors were split down the middle: half coming in late, while the others had been waiting at the English door ten minutes early! I know "Math" competed with House games, but after the equations were solved everyone made it to the gym.

I think everyone enjoyed the body contact sports more than anything else. Although we didn't win often, we were feared out on the floor. Who could ever forget the time a soccer ball knocked someone to the ground?

I'd like to thank Liz who filled in when I wasn't there. She was a great help to me, and I don't know what I would have done without her.

Good luck next year to you all.

Love,
Jane Dennis

Glen Gairn

To the Great Glen Gairnites (and Pooh):

Another year whizzes by, and Glen Gairn's reputation of spirit, enthusiasm, talent and "modesty" remains.

I would like to thank everyone who contributed to the literary and candid sections of the yearbook. Also, participation and overall attendance at house games was good.

Of course, when it came to the "different" games, we showed up every house, Right? (just one example - bowling).

Lots of thanks to Pam Mann, who took over for me many times, and Vicki Guy.

See you all next year,

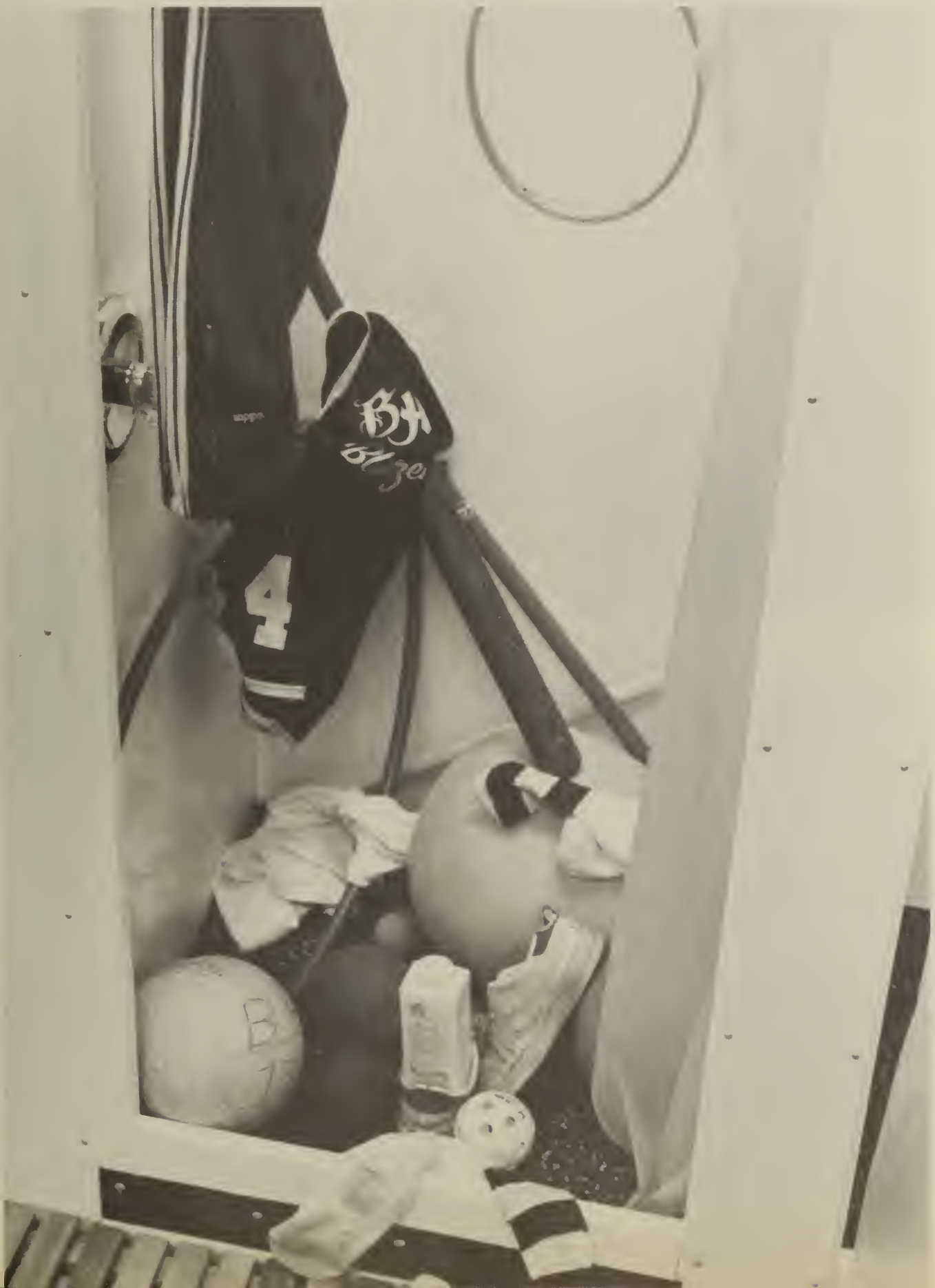
Luv,

Joy Tennant

House Heads

Joy Tennant, Glen Cairn: Heather McIntosh, Ballater: Jane Dennis, Craig Gowan: Elizabeth Buchanan, Braemar.

Sports



Sports, Sports, Sports

BACK ROW: Patti Malone, Liz Connellan, Margot Bridgett, Katy Dyke.
MIDDLE ROW: Colleen Munro, Liz Buchanan, Barb Jacks, Jane Dennis, Sandy Scanes.
FRONT ROW: Loreena McKennitt, Edith McPhedran.

Senior Volleyball Team

Senior Volleyball had an impressive win-loss record for the season, but unfortunatly lost the all important final game to Westgate in the Small School League Playoffs. However, we placed second in the zone Small School Playoffs and both losses were by narrow margins.

The whole team played very well under the pressure which developed in many of our close games. Those who sat on the bench for most of the key games were most co-operative and greatly appreciated by the rest of the team.

Our coach John Lim, was always enthusiastic and encouraging, we greatly appreciated his efforts during the season. We realize how difficult it was to coach girls who were not always as attentative as they should have been.

Last but not least thanks goes to Barb, who never failed in making us laugh when things were down.

Senior Basketball Team

This year B. H. produced one of the best basketball teams it has had in years.

The Senior Team had a prosperous season, winning their Small School Tournament and Zones 4 and 12 Playoffs. This victory awarded the team with the opportunity to represent these zones in the Provincial Small School Tournament. Here we suffered our first loss, to the Sprague team.

The team included eight girls, some with little or almost no background of basketball, but with capacity and will to develop a remarkable amount of skill through just one season.

And most important, we had a lot of fun doing it.

Many thanks to our coach, Holly Reader, for making this season a satisfying experience.

BACK ROW: Nicola Murray, Sheila Buchanan, Lori Jacks, Dawn Goodwin, Kelly Craig, Anna Cholakis.
FRONT ROW: Tracy Malone, Elizabeth Robertson, Wendy Theodore, Pam Stevens, Vicki Guy, Katina Ross.

This was a rebuilding year for the Junior Volleyball Team, having lost their capable Grade Nine players.

The team was not successful as far as the game victories went, but the players certainly attained a high level of determination and sportsmanship.

Each girl on the team gained valuable experience in competitive sports.

John Lim did a commendable job, coaching us. Many thanks to him on behalf of all the team.

BACK ROW: Nicola Murray, Chinelo Mora, Lori Jacks, Anna Cholakis, Kate Everett, Katina Ross.
FRONT ROW: Elizabeth Robertson, Wendy Theodore, Sheila Buchanan, Vicki Guy, Margaret Haworth.

Junior Blazers had a very frustrating season----frustrating to the extent that the team always played hard and never quite won that all important game.

Although the winnings were few, the Blazers certainly were the fastest on the court.

We wish to express our thanks to John Lim, our coach, who patiently guided us through the season. Congratulations for surviving another season.

Sports Report

Near the end of the school year I discovered from numerous girls, who were 'serving' their first year at B. H., that they were unclear as to what the name 'prefect' implied. Unfortunately a clarification of the prefects positions should have been provided at the beginning of this school year.

In this report I would like to clarify my particular position and evaluate the intra-mural house program.

My position as Sports Head was to provide leadership, enthusiasm, and overall planning of the intramural sports program. I was to co-ordinate the program with the assistance of the four House Heads. The purpose of the program was to provide everyone with an opportunity to keep physically fit, develop sportsmanship, and also to act as an outlet for frustrations when every thing was down.

This year the intra-mural program took place for an hour every Monday and Wednesday lunch hour. Personally, I think the time slot was a hindrance as it limited the types of sports we were able to play. Regardless of this, the program appeared to go smoothly and it was successful.

I know a lot of Senior girls grumbled all the way out to the field, but as soon as they became involved in the game, you could see them smile, before they remembered that they weren't supposed to be having a good time. The Juniors enthusiasm was great and I hope they retain it all through Senior School.

I would like to thank all of the House Heads who tolerated "Lets get organized". I think you all did a great job.

Lastly, but not leastly, I would like to express my sincere gratitude to Mrs. Harper for helping me through the year and more importantly for encouraging the expansion of my scope for understanding.

Good Luck to All

Love Edith

Head of Residence Report

The residence this year saw twenty-three new faces, a big change from the six girls it housed last year.

This year has been a major adjustment for all of us. Residence life was totally different from anything we'd ever experienced.

Rules to accept, some which we thought were fairly ridiculous - but however ridiculous, we knew that they were necessary.

Some of us can be proud of ourselves for having stuck together in bad times, which made the good times even better.

We learned how to deal with people we lived, studied, and socialized with, when the feelings were tense.

For all the complaining we did from September to June, we can still look back and say, "Hey - remember the time we did so and so?? In the future we'll reminisce about 74/75 in Balmoral Hall Residence and think, "Remember how simple life was when all our decisions were made for us?"

There are a lot of benefits of living in residence - but you won't appreciate them until you leave - but that's the way it always is. It's a poor substitute for a close family, but the lessons you learned about life and people during the year, surpass any and every lesson you'll learn elsewhere in such a short period of time.

Elizabeth Connellan

BACK ROW: Mary Ellen Zanette, Margot Bridgett, Jane Theodore, Pamela Siren, Dallas Barkman.
THIRD ROW: Susan Briercliffe, Peggy Hickin, Kathryn Dale, Dorothy Lau, Tina Swanson, Andrea Clarke.
SECOND ROW: Caroline Pickup, Lynn Poirier, Loreena McKennitt, Heather Elgert, Elizabeth Connellan.
FRONT ROW: Indira Guha, Wendy Theodore, Susan Dale, Pam Stevens, Lorraine Reid.

"Just remember Girls, it's just one big pyjama party".
Indira loses her hot water bottle
Jane - "Is it illegal to cry?"
Try to forget the sausage dinner
"Anyone want to go for a butt?"
10:30 parties in rooms #7 & #28
Remember Dallas "OUYSHUCH, I, ANNENT"
Meetings in Miss Crowley's room
Pam Siren - Silverfish Stomper Champion
Andrea's mosquito bites??
Peggy's Roman Measles
Snowstorm Shut In - Ultimate Insanity
Cathie says "Hey Baide"
Hey - it's my turn to be sick today
Remember the ENDUST FIGHTS!!
Room 7 in bed on time - NATIONAL HOLIDAY DECLARED
No sun for Langside Girls
I am pizza
"Miss Westminister 1975"
$144.00 for a phone bill - YAK YAK $$!!
Liz & Lynn grounded on a Friday night! - horrors
Dennis' two a.m. rampage!
Up to Loreena's room for Throat Clearer
The Great Laundry Episode
Heather's "Greek Adonis"
But he's married?.....??
Heartbreak Hotel & Peyton Place
Two hour study becomes one - HOORAY!
Brazen Hussy at M.T.C.
Cold water shortage
David Cassidy and the P.F. 5:30 EVERYDAY
"You wear the pink pyjamas tonight"
Tony and Tony for Pam and Jane
Remember when 2+2 used to equal 4
"Take a long walk off a short pier"
Why are you wearing that ridiculous.....??
"Hey Listen!!"
Caroline & Lynn's History Books
Caroline pretences to be sleeping
Sherlock and the underwear
Turkey Dinners at Xmas Party
"Airport Hotel"
Blind dates for Margot & Heather
Day Girls in the smoking room - unheard of
"Hollie? no I haven't seen her"
Caroline's passion for Italians
Utopia and the paper trained chicken
Homesickness - take me home I'll be good Mom!!
Someone has to help Lynn model her clothes!
Liz finds Saint Christopher's jade ring smashed in the wash
Oh, No Phil has my bracelet
Loreena's thought board
Ivory ring - how I love polar bears & bye planes
Is BOOGIE HERE?? - Then you knock!!
Lynn & Liz bus travelling comedy team
We must guard the squris room
Menthol cigarettes - trash!!
Seven more freckles
Sunday night sessions in the smoking room.
Garnet, Mike, Buck, Ralph, Phil, Bill, Charles, Bob, Alex, Randy, Scott, Frank, Eckhard, Craig, Hans, Andy, Mike, Burl, Brian, Carl, Sam, Teddy, Joe and good ole what's his name!
The man in my life? - which one
Res girls vs. day girls
Let me smell your breath
Please let us get away with it, just this once?!!
Will the REAL, Liz, Loreena, Lynn & Caroline PLEASE stand up.
Phone calls from Mike, Mike & Mike
"Midnight Journeys"
Singing in DOMINION CITY
Diet Girls - Starve??
Thank Goodness it's Friday
Res girls trying to learn tennis
Who's got the mail ????
Smile, I'll pay for the stitches
Pumpkins at midnight
Margot and her baker boy
Picking locks and blowing the safe
Breakfast lineups - fun
Lynn washes her school pants - tight fit??
Liz - "I'm not a womans libber when Im's this short of money"!!
DENISE: What are the liquor laws in Canada?
What time does the show end?
Liz is sick of exercising??!!
Only 3 hours to get ready!!
Lynn falls for a "bucking" bronco??
Where did you REALLY go?
Brigitte's initiation
H.P. sauce in tomato soup and P. butter sandwiches
Immigrate - Frank somebody called
Lynn's closet "Who's there??"
Caroline and Liz go hunting
Herman visits Res
Benedict Arnold - All is fair in love and war!
Another rehearsal!!
"Youse guys"
"Spare me Rocky"
"I don't understand you", but I still love you

Balmoral Hall

Closing Exercises

WEDNESDAY, June 11th, 1975
2:00 P.M.
WESTMINSTER UNITED CHURCH

"O Canada"

Opening Prayer
Rev. Reid E. Vipond

A Thanksgiving Hymn

We thank Thee, Lord, for this fair earth,
The glittering sky, the silver sea,
For all their beauty, all their worth,
Their light and glory come from Thee.

Thine are the flow'rs that clothe the ground,
The trees that wave their arms above,
The hills that gird our dwellings round,
As Thou dost gird Thine own with love.

Yet teach us still how far more fair,
More glorious, Father, in Thy sight,
Is one pure deed, one holy prayer,
One heart that owns Thy Spirit's might.

So, while we gaze with thoughtful eye
On all the gifts Thy love hath giv'n.
Help us in Thee to live and die,
By Thee to rise from earth to heav'n

Amen

Lead Me Lord ..... Choir
Headmaster's Remarks ..... R. Martin Kenney, C.D., B.A., M.Ed.
Guest Speaker ..... Dr. Helen P. Glass, Ed.D., M.A., B.Sc., R.N., Director of School of Nursing, U. of Man.
Presentation of Awards and Diplomas ..... Dr. Helen P. Glass
Valedictory ..... Brigitte Bereznay
Executive Council Presentation
of Pins to ..... Head Girl, School Captain and Sports Captain
Turn Around ..... Choir
The Lord's Prayer ..... School

GOD SAVE THE QUEEN

The Hebrew Benediction ..... Choir

SUBJECT AND AWARD

Julia M. Adamson History Essay and Project Competition,
Grade 5 ..... Barbara Lynn English
Grade 6 ..... Urta Reyes
Julia M. Adamson History Essays:
Grade 7 - 8 ..... Heather Provis
Grades 9 - 10 ..... Susan Briercliffe
Grades 11 - 12 ..... Charian Provis
Canadian History Prize for Highest Standing in Grade 11
(Julia Adamson Bequest) ..... Margot Bridgette
French Prize for Highest Standing in Grade 12
(Claire McCulloch Memorial Award) ..... Suzanne Shephard
Geography Prize for Highest Standing in Grade 11 .... Shelagh Martin
History Prize for Highest Standing in Grade 12 ..... Shelagh Martin
..... Suzanne Shephard
Mathematics Prize for Highest Standing in Grade 12
(300) (James D. Dowler Award) ..... Loreena McKennitt
Mathematics Prize for Highest Standing in Grade 12
(301) ..... Shelagh Martin
Headmaster's Prize for Highest Standing in Grade 12
English ..... Loreena McKennitt
Science Fair: 1st Place Winner, Gr. 5 and 6 ..... Joanna Cotton
1st Place Winner, Gr. 7 and 8 ..... Megan Glassco
1st Place Winner, Gr. 9 and 10 .. Karen Lynn Purves
Elizabeth Cherewan
Balmoral Hall School Prize
(Highest Standing in Grade 7) ..... Helen Robson
Balmoral Hall School Prize
(Highest Standing in Grade 8) ..... Victoria Guy
Balmoral Hall Alumnae Scholarship
(Highest Standing in Grade 9) ..... Agnes Borbely
Havergal-Rupertsland Scholarship
(Highest Standing in Grade 10) ..... Karen Lynn Purves
Havergal-Rupertsland Scholarship
(Highest Standing in Grade 11) ..... Margot Bridgett
E.L. Drewry Scholarship
(Highest Standing in Grade 12) ..... Suzanne Shephard

Julia M. Adamson Memorial Foundation
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SPECIAL AWARDS

Claire McCulloch Memorial Award for Creative Art
(Presented by 1962 Grads) ..... Agnes Borbely
Rosemary Gordon Condo
Memorial Library Award ..... Wendy Theodore
Yearbook Editor Award ..... Shelagh Martin
Elizabeth Patton Memorial Shield ..... Loreena McKennitt
M. Cole Davis Deportment Award ..... Rita Sheppard
G. Murrell-Wright Award
(Presented by Balmoral Hall Alumni Association) .... Dallas Barkman
Rosemary G. Condo Memorial Award ..... Heather McIntosh
Governor-General's Bronze Medal ..... Shelagh Martin
Sir James Aikins Memorial House Trophy ..... Braemar

DIPLOMAS

Brigitte Bereznay ..... Winnipeg, Manitoba
Elizabeth Connellan ..... Utopia, Ontario
Barbara Jacks ..... Winnipeg, Manitoba
Shelagh Martin ..... Winnipeg, Manitoba
Heather McIntosh ..... Winnipeg, Manitoba
Loreena McKennitt ..... Morden, Manitoba
Edith McPhedran ..... Winnipeg, Manitoba
Caroline Pickup ..... Swan River, Manitoba
Lynn Poirier ..... Thunder Bay, Ontario
Suzanne Shephard ..... Winnipeg, Manitoba

EXECUTIVE COUNCIL AWARDS

Presentation of Head Girl Plaque ..... Brigitte Bereznay
Presentation of Dalton Award to
School Captain ..... Elizabeth Connellan
Presentation of Sports Captain's Cup ..... Edith McPhedran

AWARDS ALREADY PRESENTED

EXECUTIVE COUNCIL AWARDS

Head Girl's Award ..... Brigitte Bereznay
School Captain's Award ..... Elizabeth Connellan
Sports Captain's Award ..... Edith McPhedran
Yearbook Editor's Award ..... Shelagh Martin
House Head's Awards -
Ballater (Dalton Memorial) ..... Heather McIntosh
Braemar (Hoskin Memorial) ..... Elizabeth Buchanan
Craig Gowan (Riverbend Award) ..... Jane Dennis
Glen Gairn (Grace Edgar Memorial) ..... Joy Tennant

ATHLETIC AWARDS

Highest Individual Points for Field Athletics -
Senior ..... Edith McPhedran
Junior ..... Rita Sheppard
Midget ..... Nicola Murray
Primary ..... Nicola James
House Cups -
Volleyball ..... Ballater
Basketball ..... Ballater
Sports Day ..... Braemar

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His Excellence, The Governor-General of Canada, Mrs. Harold Aikins, Mr. and Mrs. W.J. Condo, Balmoral Hall Alumnae Association, Mrs. B. Chown, Mrs. W.H Collum, Mrs. M. Cole-Davis, Mrs. James A. Dowler, Miss M. Hoskin, Dr. and Mrs. A.W. McCulloch, The Graduates of 1947 and 1962.

Suzanne Shephard, Edith McPhedran, Barbara Jacks, Brigitte Bereznay, Lynn Poirier, Elizabeth Connellan, Shelagh Martin, Heather McIntosh, Loreena McKennitt.

MISSING: Caroline Pickup.

Headmaster's Remarks, R. Martin Kenney, C.D., B.A., M. Ed.

Mr. W. W. Buchanan, Dr. Helen P. Glass, Rev. Reid E. Vipond

Loreena McKennitt sings for Graduates

Valedictory, Brigitte Bereznay

Goodbye Brigitte, Liz, and Edith; Good Luck Margot, Betty, and Jane.

Alumnae

On June 10, the Grade Twelve class and their mothers were delightfully entertained at Aikins House by Mrs. Kenney.

After the introductions, Mr. Kenney took charge of the formal part of the afternoon. Silver spoons, engraved with the date were presented to each graduate. This signified that we were now members of the Alumnae.

Later we proceeded to the lower garden where each girl imprinted her initial in the fresh cement, thus completing the tradition of other years on such a day.

Refreshments were served in the dining room.

The Grade Twelve class had officially become part of the Alumnae of Balmoral Hall.

May Day

1975

THE HIGHLAND DANCERS	Junior School
"Joy is Like the Rain"	Kindergarten
"One More River"	Grade One & Two
"Joshua Fought the Battle of Jerico"	Grade Three
MODERN RHYTHMIC GYMNASTICS	Senior School
"The Wedding Banquet"	Grade Four
" Go Down Moses" "Swing Low, Sweet Chariot" "Oh, a-Rock-a My Soul"	Grade Five & Six
MODERN RHYTHMIC GYMNASTICS	Senior School
"In the Pines" "For Baby"	Loreena McKennitt & Friends
"Jonah-Man Jazz"	Senior School Choir

* * * * * * * * * * * * * * * * *

Musical Director - W. Nesbitt
Gymnastic Instructor - Z. Stauder
Highland Dancing Instructor - H. McIntosh
Piper - Shannon McKay
Piano Accompaniment - B. Honey

Awards Day

ATHLECTICS AWARDS DAY

June 10, 1975

Opening Prayer — Head Girl, Brigitte Bereznay

Announcements

Hymn -

And did those feet in ancient time
Walk upon England's mountains green?
And was the holy lamb of God
On England's pleasant pastures seen?
And did the countenance divine
Shine forth upon our clouded hills?
And was Jerusalem builded here
Among those dark satanic mills:

Bring me my bow of burning gold!
Bring me my arrows of desire!
Bring me my spear! O clouds unfold!
Bring me my chariot of fire!
I will not cease from mental fight,
Nor shall my sword sleep in my hand,
Till we have built Jerusalem
In this our green and pleasant land.

Executive Awards — Mr. Kenney
Sports Awards — Sports Captain, Edith McPhedran

Presentations:

Special Presentation to Basketball Team
Grade XI Presentations
Presentations to Prefects
Grade XII Presentation to School

Hymn

Lord, dismiss us with thy blessing, Thanks for mercies past receive,
Pardon all, their faults confessing; Time that's lost may all retrieve;
May thy children.... ne'er again thy Spirit grieve.

Bless thou all our days of leisure; Help us selfish lures to flee;
Sanctify our every pleasure; Pure and Blameless may it be;
May our gladness ... Draw us evermore to thee.

By thy kindly influence cherish, All the good we here have gained;
May all taint of evil perish By they mightier power restrained;
Seek we ever ... Knowledge pure and love unfeigned.

Let thy father-hand be shielding All who here shall meet no more;
May their seed-time past be yielding Year by year a richer store;
Those returning ... Make more faithful than before.

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The staff of Optima Anni 1975 wishes to thank the Patrons, Sponsors, and Donors for their great support. They have made it possible for the Yearbook Room to become better equipped with materials needed for publishing a yearbook.

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